```
9:00 AM
                DW'S FOCUS ON EUROPE / GLOBAL 3000
        10:00 AM - CITY COUNCIL MEETING OF FEBRUARY 11
         3:00 PM - ARTIFICIAL HEARTS; SECRET LIFE OF CLOUDS
         5:00 PM - FINER W/ AGE - PRESCRIPTIONS; DIRECTIVES
         5:30 PM - YOGA; TREATING SPIDER VEINS
         6:00 PM - CITY COUNCIL MEETING OF FEBRUARY 11
        10:00 PM - TREE TALK - IDENTIFYING TREES IN WINTER
TUE 19 6:30 AM
                 FIT FOR DUTY - STRETCH PILATES
        11:00 AM - GREENE COUNTY COMMISSION MEETING
         3:00 PM - ARTIFICIAL SPIDER SILK; SECRET LIFE OF BEES
         5:00 PM - FINER W/ AGE - PREVENTING DEPRESSION IN SENIORS
         5:30 PM - ACHILLES TENDON; CONTACT LENSES
         7:00 PM
                PARK BOARD MEETING OF FEBRUARY 12
         9:00 PM - DW'S TOMORROW TODAY / IN GOOD SHAPE
         10:00 PM STATE OF THE CITY / 2019 BUDGET ADDRESS
WED 20 6:30 AM FIT FOR DUTY - TREAD AND SHRED
         9:00 AM - DW'S FOCUS ON EUROPE / GLOBAL 3000
        10:00 AM - CITY COUNCIL MEETING OF FEBRUARY 11
         3:00 PM - BAD HABITS; SHOVELING FOR SEALS
         5:00 PM - FINER W/ AGE - PREVENTING ELDER ABUSE
         5:30 PM - ALLERGIES: BACK PAIN
         6:00 PM - PLANNING COMMISSION MEETING OF FEBRUARY 6
        10:00 PM
                 TREE TALK - IDENTIFYING TREES IN WINTER
THU 21 6:30 AM
                  FIT FOR DUTY - TRX STRENGTH TRAINING
        10:00 AM - TREE TALK - IDENTIFYING TREES IN WINTER
         1:00 PM - STATE OF THE CITY / 2019 BUDGET ADDRESS
         3:00 PM - BEER SCIENCE; 3D-PRINTED LIMBS
         5:00 PM - FINER W/ AGE - SELF-DEFENSE
         5:30 PM - ANESTHESIA SAFETY
         7:00 PM - CITY COUNCIL MEETING OF FEBRUARY 11
        10:00 PM - STATE OF THE CITY / 2019 BUDGET ADDRESS
FRI
    22 6:30 AM
                  FIT FOR DUTY - TRX SUSPENSION STRAPS
        10:00 AM - PLANNING COMMISSION MEETING OF FEBRUARY 6
         3:00 PM - BIRD BRAINS; MUSHROOMS; CGI
         5:00 PM - FINER W/ AGE - SILENCE OF ELDER ABUSE
         5:30 PM - ARTIFICIAL JOINT SAFETY
         6:00 PM - PARK BOARD MEETING OF FEBRUARY 12
         8:00 PM - TREE TALK - IDENTIFYING TREES IN WINTER
        10:00 PM - CITY COUNCIL MEETING OF FEBRUARY 11
SAT 23 6:30 AM FIT FOR DUTY - UPPER BODY
        10:00 AM - NASA - IMPROVING AIR TRAVEL
        10:30 AM FORENSIC SCIENCE
         12:00 PM BEAVERCREEK TOWNSHIP TRUSTEES MEETING
         2:00 PM - CITY COUNCIL MEETING OF FEBRUARY 11
         7:00 PM - ADDICTION TREATMENT SERVICES
         8:00 PM - DW'S TOMORROW TODAY / IN GOOD SHAPE
         9:00 PM
                  GREENE COUNTY COMMISSION MEETING
        11:00 PM - TREE TALK - IDENTIFYING TREES IN WINTER
SUN 24 6:30 AM
                  FIT FOR DUTY - AB ATTACK
        10:00 AM - NASA - INFLATABLE REENTRY VEHICLES
        10:30 AM FORENSIC SCIENCE
         12:00 PM BEAVERCREEK TOWNSHIP TRUSTEES MEETING
         2:00 PM - PLANNING COMMISSION MEETING OF FEBRUARY 6
         7:00 PM - USING PRESCRIPTION DRUGS PROPERLY
         8:00 PM - DW'S TOMORROW TODAY / IN GOOD SHAPE
         9:00 PM - DW'S FOCUS ON EUROPE / GLOBAL 3000
        10:00 PM GREENE COUNTY COMMISSION MEETING
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FIT FOR DUTY - STRENGTH TRAINING W/ WEIGHTS

MON 18 6:30 AM