

MON 9 6:00 AM FIT FOR DUTY - HEAVY OR NOT  
 9:00 AM DW'S FOCUS ON EUROPE / GLOBAL 3000  
 10:00 AM - CITY COUNCIL MEETING OF OCTOBER 26  
 3:00 PM - SUPERLATIVE SHREW; LIVING PAST 120  
 5:00 PM - FINER W/ AGE - TAKE ACTION AGAINST FRAUD  
 5:30 PM - VEGAN WEIGHT LOSS; HYGIENE  
 6:00 PM - CITY COUNCIL MEETING OF NOVEMBER 9  
 10:00 PM - VETERANS' DAY CEREMONY 2019

TUE 10 6:00 AM FIT FOR DUTY - HIGH ENERGY, LOW IMPACT AEROBICS  
 9:00 AM EXERCISE WITH BRIAN  
 11:00 AM - GREENE COUNTY COMMISSION MEETING  
 3:00 PM - SWARM INTELLIGENCE; BUSY BEAVERS  
 5:00 PM - FINER W/ AGE - USER-FRIENDLY HOMES FOR SENIORS  
 5:30 PM - VISION LOSS; SHINGLES; EATING DISORDERS  
 7:00 PM PARKS BOARD MEETING OF NOVEMBER 10  
 9:00 PM - DW'S TOMORROW TODAY / IN GOOD SHAPE  
 10:00 PM CORONAVIRUS MYTHS AND FACTS

WED 11 6:00 AM FIT FOR DUTY - HOLD FOR EFFECT  
 9:00 AM - DW'S FOCUS ON EUROPE / GLOBAL 3000  
 10:00 AM - CITY COUNCIL MEETING OF NOVEMBER 9  
 3:00 PM - TIRE PARTICLES; FUTURE FARMING  
 5:00 PM - FINER W/ AGE - VETERANS' SERVICES  
 5:30 PM - VITAMINS  
 6:00 PM - PLANNING COMMISSION MEETING OF NOVEMBER 4  
 10:00 PM VETERANS' DAY CEREMONY 2019

THU 12 6:00 AM FIT FOR DUTY - INTERVAL TRAINING  
 9:00 AM EXERCISE WITH BRIAN  
 10:00 AM - VETERANS' DAY CEREMONY 2019  
 1:00 PM - CORONAVIRUS MYTHS AND FACTS  
 3:00 PM - TREES AND CLIMATE CHANGE  
 5:00 PM - FINER W/ AGE - ADULT DAY CARE SERVICES  
 5:30 PM - VOCAL CORD ISSUES; CROHN'S DISEASE  
 7:00 PM - CITY COUNCIL MEETING OF NOVEMBER 9  
 10:00 PM CORONAVIRUS MYTHS AND FACTS

FRI 13 6:00 AM FIT FOR DUTY - KICKIN' IT WITH CARDIO  
 10:00 AM - PLANNING COMMISSION MEETING OF NOVEMBER 4  
 3:00 PM - FUTURE OF TRAFFIC; VERTICAL VEGETATION  
 5:00 PM - FINER W/ AGE - ADVANCED DIRECTIVES  
 5:30 PM - WEATHER SENSITIVE; TAI CHI  
 6:00 PM - PARKS BOARD MEETING OF NOVEMBER 10  
 8:00 PM - VETERANS' DAY CEREMONY 2019  
 10:00 PM - CITY COUNCIL MEETING OF NOVEMBER 9

SAT 14 6:00 AM FIT FOR DUTY - LEGS, ARMS  
 10:00 AM - NASA - FOOD TECHNOLOGY, PART TWO  
 10:30 AM AUTOMOTIVE HALLS OF FAME  
 11:00 AM BEAVERCREEK TOWNSHIP TRUSTEES MEETING  
 2:00 PM - CITY COUNCIL MEETING OF NOVEMBER 9  
 7:00 PM - TRAUMA AND VIOLENCE  
 8:00 PM - DW'S TOMORROW TODAY / IN GOOD SHAPE  
 9:00 PM GREENE COUNTY COMMISSION MEETING  
 11:00 PM VETERANS' DAY CEREMONY 2019

SUN 15 6:00 AM FIT FOR DUTY - LEGS, BUNS, ABS  
 10:00 AM - NASA - FUTURE OF AERONAUTICS  
 10:30 AM ASTRONOMY  
 11:00 AM AUTOMOTIVE HALLS OF FAME  
 2:00 PM - PLANNING COMMISSION MEETING OF NOVEMBER 4  
 7:00 PM - ADDICTION TREATMENT SERVICES  
 8:00 PM - DW'S TOMORROW TODAY / IN GOOD SHAPE  
 9:00 PM - DW'S FOCUS ON EUROPE / GLOBAL 3000  
 10:00 PM GREENE COUNTY COMMISSION MEETING