



## UPCOMING FALL 2019 R.A.D CLASSES

Registration is available 30 days prior to the start of class

Age Limit: 15 and up

Session I (Tuesdays) - September 24, October 1, 8, 15 (Registration opens August 24)

Session II (Thursdays) - September 26, October 3, 10, 17 (Registration opens August 26)

Classes run from 6:00 PM - 9:00 PM

**Note: You must attend all 4 classes in your session to successfully complete the course.**

The Rape Aggression Defense (R.A.D.) System is a program of realistic self-defense tactics and techniques. It is a comprehensive course for women that begins with awareness, prevention, risk reduction and avoidance, and progresses on to the basics of hands-on defense training. We offer a life-long opportunity for physical skill mastery provided through our trademark Lifetime Return and Practice Policy.

R.A.D. is not a martial arts program. Our courses are taught by certified R.A.D. instructors who provide you with a workbook/reference manual. The growing, widespread acceptance of this system is primarily due to the ease, simplicity and effectiveness of our tactics, solid research, and unique teaching methodology. Our system of realistic defense will provide women with the knowledge to make an educated decision about resistance.

The course is free of charge to Beaver Creek and Beaver Creek Township residents and is limited to 30 students per session. [Application](#) will be available on the Beaver Creek Police Department website beginning August 24. For more information, contact Community Engagement Officer Mark Brown at [brownm@beavercreekohio.gov](mailto:brownm@beavercreekohio.gov).

