

July 2020

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		LOCATION KEY -	Senior Center Entrance	CI Beaver Hall
			Virtual/Online	Lofino Plaza Meeting Room
6	7	8	9	10
Activities/Programs/Classes will begin July 13th. None of these will be held at the Senior Center. Please see Location Key above to determine location.				
13	14	15	16	17
Exercise with Middy (10:00am)	Improve Your Balance (9:00am)	Puzzle Pick-up (10am-2pm)	Ageless Grace (9:00am)	NO LINE DANCING
Yoga with Reena (1:30pm)	Spring Hills Exercise (10:00am)	Exercise with Middy (10:00am)	Spring Hills Exercise (10:00am)	Strength Training (2:45pm)
Bridge (2:00pm)	Mahjong (2:00pm)	Euchre (2:00pm)	Yoga with Reena (1:30pm)	Bingo (2:00pm)
			Dominoes (2:00pm)	
20	21	22	23	24
Exercise with Middy (10:00am)	Improve Your Balance (9:00am)	Puzzle Pick-up (10am-2pm)	Ageless Grace (9:00am)	Line Dancing (10:00am)
Yoga with Reena (1:30pm)	Spring Hills Exercise (10:00am)	Exercise with Middy (10:00am)	Spring Hills Exercise (10:00am)	Strength Training (2:45pm)
Bridge (2:00pm)	Take & Make (10:30-11:30am)	Euchre (2:00pm)	Yoga with Reena (1:30pm)	Bingo (2:00pm)
	Mahjong (2:00pm)		Dominoes (2:00pm)	
27	28	29	30	31
Exercise with Middy (10:00am)	Improve Your Balance (9:00am)	Puzzle Pick-up (10am-2pm)	Ageless Grace (9:00am)	Line Dancing (10:00am)
Yoga with Reena (1:30pm)	Spring Hills Exercise (10:00am)	Exercise with Middy (10:00am)	Spring Hills Exercise (10:00am)	Strength Training (2:45pm)
Bridge (2:00pm)	Mahjong (2:00pm)	Euchre (2:00pm)	Yoga with Reena (1:30pm)	Bingo (2:00pm)
			Dominoes (2:00pm)	
			Drive Thru Dinner (5-7pm)	

